



# EmpowHERment

Press Release  
For Immediate Release

EmpowHERment  
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EmpowHERment is thrilled to host our 1st Annual HER Run 5k on Saturday, June 5th. We invite everyone in the Tampa Bay area and beyond to walk, run, or jog with us in person or virtually to benefit an incredible cause

Participants can register online at  
[www.runsignup.com/Race/FL/Clearwater/HERRunVirtual5k](http://www.runsignup.com/Race/FL/Clearwater/HERRunVirtual5k)

Since the EmpowHERment Community Center (501c3) opened in November 2020, we have been working hard to establish women-centered programming. Our programs include one-to-one advocacy and support services, financial and professional skill development, and social meetings, like our weekly Single Mothers Support group and Painting & Healing classes, all of which are hosted at our community center.

EmpowHERment's 1st Annual HER Run 5K is scheduled for Saturday, June 5. Virtual participants are welcome to start at any location and time, and share their post-run time and photo(s) on social media. In-person participants should meet at the EmpowHERment Community Center at 7:00am. We will be starting early to beat the heat and coming back to the center for a fun post-run celebration with food, music and awesome vendors/sponsors.

All participants are invited to the HER Run Celebration at the Community Center from 8:00am to 1:00pm on Saturday, June 5th. 8 a.m. Join us at 13555 Automobile Blvd, Suite #300, Clearwater, FL 33762. The post-run event will feature vendors, food and refreshments, and fun giveaways.

As we are still in a precarious time, the "Virtual" HER Run 5K offers utmost safety and precaution. So, virtual participants are welcome to complete their 5K run, walk, or jog safely distanced by joining virtually in a location of their choice.

The cost to register for the HER Run 5k is just \$30.00. All HER Run proceeds will go towards our programs' funding. Simply, register using the link below, or call us with any questions or concerns at (727) 290-9856.

*Special thanks to our sponsors, AchieveHERs-Amplify Clearwater, Sunstate Yoga, and Gracie Jiu Jitsu Largo*

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