



Promote and support healthy pregnancies, babies and families in Pinellas County

Pinellas County Resource Manual

Visit our website at: [Healthy Start Pinellas](https://www.healthystartpinellas.org/) or use QR code to access this manual:



For more information about Healthy Start Coalition of Pinellas,
please call 727-507-4260

For more resources visit: <https://firstcontact.communityos.org/tbc-guided-search> or call 211, you can also text your zip code to 898211 or www.findhelp.org to search for assistance, medical care and more. If you have updates for the manual, you can email them to info@healthystartpinellas.org.

Updated May 2025

The information about providers and services contained in the Healthy Start Coalition of Pinellas, Inc. Resource Manual does **not** constitute endorsement or recommendation by HSCP. It is your responsibility to verify and investigate providers and services. Please consult your own professional advisor for all advice concerning medical, legal or financial matters in connection with the services needed. HSCP assumes no liability of any kind for the content of any information transmitted to or received by any person in connection with the person's use of the Resource Manual

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ACCESS

(ACCESS-~~A~~utomated ~~C~~ommunity ~~C~~onnection ~~E~~conomic ~~S~~elf-~~S~~ufficiency)

Apply or recertify for Medicaid, Cash Assistance and/or S.N.A.P. (Supplemental Nutrition Assistance Program/Food Stamps)

Healing Pinellas- No cost services assist with Enrolling or recertifying for Food Stamps and Medicaid. Official partner with DCF. 4400 66th Street N St Pete Phone 727-353-3357 [Healing Tampa Bay](#)

Access Center Locations- [Public Assistance](#) | [Florida DCF](#)

Hours for Access Centers: Mon-Thur 9am-4pm, Fri 9am-1pm, Closed Weekends; Appointment not necessary but encouraged

St. Petersburg

Locations- 2273 34th Street South, St. Petersburg, FL 33711 Phone Number 727-565-2944

4400 66th Street N, St. Petersburg, FL 33709 Phone Number- 727-353-3357

Apply online for services: [Public Assistance](#) | [Florida DCF \(myflfamilies.com\)](#)

Department of Children and Families:

Phone Number- 1-866-762-2237

Florida Community Care:FCC

Phone Number- 1-833-322-7526

Medicaid Helpline: [Florida State Medicaid Managed Care - Contact Us](#)

Phone Number- 1-877-711-3662

Humana: [Resources for New Florida Medicaid Members - Humana](#)

Phone Number- 1-800-477-6931 TTY: 711

Simply Healthcare: [Simply Medicaid Plan benefits](#)

Phone Number- 1-844-406-2396 TTY: 711

Sunshine: [Sunshine Health](#)

Phone Number- 1-866-796-0530 TTY: 1-800-955-8770



Where can I get help applying for health insurance?

Pinellas County Department of Health & Human Services

Phone Number- 727-464-8400

North County

Citizens Alliance for Progress 727-464-5881

Evra Health 727-824-8181

Pinellas Park

Evra Health 727-824-8181

Lealman

Florida Dream Center 727-851-9074

Clearwater

Clearwater Free Clinic 727-461-8243

Countryside Library 727-562-4970

Evra Health 727-824-8181

Mid County

Suncoast Haven of Rest 727-545-8282

Ready for Life 727-954-3989

St. Petersburg

Daystar Life Center 727-825-0442

Salvation Army 727-822-4954

James B. Sanderlin Center 727-321-9444

Evra Health 727-824-8181

Service and Access Center 877-921-3551

Health Insurance Navigators

Mease Countryside Hospital 727-443-8586

Mease Dunedin 727-734-6238

Morton Plant Hospital 727-461-8243

West Community Library @ St.Petersburg College
727-341-7199

St.Anthony's Hospital 727-825-1397

Basic Needs/ Supplies

Alpha House: [ALPHA HOUSE – of Pinellas County](#)

Phone Number- 727-822-8190

Location- 701 5th Ave. N. St. Petersburg

- Provides safe housing for pregnant women who are unhoused. Assists with maternity and baby items.

Beds for Babies, Healthy Start Coalition: [Beds 4 Babies](#)

Phone Number- 727-512-3740

- Offers free pack n plays to eligible pregnant women (28+ weeks) or an infant under 1 year old residing in Pinellas County.

Big Brothers Big Sisters: [Big Brothers Big Sisters of Tampa Bay](#)

Phone Number- 813-720-8778

- Connects children ages 5–13 with adult mentors to help them build confidence, succeed in school, and achieve their full potential.

KML Foundation: [KML Foundation](#)

Phone Number- 727-578-8980

Provides financial assistance and scholarship opportunities to help eligible students pursue higher education.

Caregiver Support: [Children's Home Network](#)

Phone Number- 727-460-7947

- Supports relative and non-relative caregivers with resources and guidance to help them care for children in their home.

Clothes to Kids, Inc: [Clothes To Kids](#)

Phone Number- 727-441-5050 referral needed

Location- 1059 N Hercules Avenue, Clearwater

- Provides free clothing to low-income or in-crisis children enrolled in school (K–12). Referral is required to access services

Daystar Life Center: [Services – Daystar Life Center](#)

Phone Number- 727-825-0442

Location- 1055 28th St. S. St. Petersburg

- Helping with food, clothing, household items, rent, utilities, transportation, health care items and tax assistance.

Find Help: [Find Help](#)

Location- 333 31st Street North St. Petersburg

- An online and local resource hub that connects people with community-based support for food, housing, healthcare, and more.

Florida Kid Care Insurance: [Florida Kid Care](#)

Phone Number- 1-800-540-5437

- Low-cost health, dental, and vision insurance for children ages 1–18. Available year-round with monthly premiums based on income.

1st 1,000 Days [1st 1000 Days Pinellas](#)

Phone Number 727-296-7292

- Supporting Families as early as their 3rd trimester of pregnancy up to the child's 3rd birthday with health, safety, & related items

Florida Relay Service—FRS: [Florida Relay](#)

Phone Number- 1-800-955-8770

- Provides free telecommunications relay services for individuals who are deaf, hard of hearing, or speech-impaired.

Kinship Care: [Kinship Care](#) | [Child Welfare Information Gateway](#)

Phone Number- 888-920-8761

- Support for relative caregivers, such as therapy, tutoring and respite

LSF Pregnant Mom Program: [LSF mom program](#)

Phone Number- 727-486-3189

- Support for pregnant families until infants are 8 weeks.

Operation Attack: [Operation Attack](#)

Phone Number- 727-822-1187

- Provides food, diapers, wipes, and other emergency support to local families in need.

Pinellas County Urban League: [Pinellas County Urban League](#)

Phone Number- 727-327-2081

Location: 333 31st Street N St Petersburg, FL 33713

- Empowers communities through programs in workforce development, education, health, housing, and financial literacy.

Reach St. Pete: [Reach St.Pete](#)

Phone Number- 727-275-8655

- Bridges the gap between people and resources by preventing homelessness and supporting individuals facing poverty or hardship.

Sleep in Heavenly Peace: [Sleep in Heavenly Peace](#)

Phone Number- 844-432-2337

- Builds and delivers beds to children in need.

Shepherd's Center: [Tarpon Springs Shepherd Center](#)

Phone Number- 727-939-1400

- Provides food, clothing, and other basic needs to low-income and unhoused individuals and families.

Cultured Books: [Cultured Books](#)

Location- 833 22nd. St. S. St. Petersburg 33712

Phone Number- 727-328-4822 Fostering a reading culture

- A children's bookstore and community hub that fosters a love of reading and representation through literature.

Florida Dream Center: [Florida Dream Center](#)

Phone Number- 727-851-9074

- Offers support for food insecurity, human trafficking survivors, re-entry services, and those facing poverty or homelessness.

We Help/St. Pete Free Clinic: [St. Pete Free Clinic](#)

Phone Number- 727-821-1200 ext. 101

- Provides food, assistance with water bills, help obtaining Florida IDs, and access to free medical and dental services.

Firmly Established, Inc.

Phone Number- 727-678-1751

- Supports individuals with employment assistance, background check support, and job readiness services.

The Gathering of Women:[Gathering of Women](#)

Phone Number- 727-490-8914

- Empowers women and youth through educational workshops, community programs, and advocacy events.

Blood Pressure Monitoring Information

Did you know that checking your blood pressure regularly is an important part of controlling it? For pregnant women, blood pressure monitoring is an important part of prenatal care between your prenatal visits. Preeclampsia, a potentially dangerous pregnancy complication for you and your baby, can be detected early by self-monitoring your blood pressure at home – and contacting your prenatal care provider with concerns. A blood pressure cuff and instruction can be provided to you (at low- or no-cost) from many sources. How?

By participating in a hospital-based monitoring program:**Morton Plant Mease Health Care (BayCare)**

Provides blood pressure cuff kits from the Preeclampsia Foundation to any pregnant patient of Morton Plant Mease or Mease Countryside hospitals. Service includes personal instruction on use including a logbook and video.

Contact: (727) 461-8430

Orlando Health Bayfront Hospital Maternal Telehealth Program

Provides appropriate-size blood pressure cuffs and monitoring with licensed nurses, instructions on use, floor scales and other maternal telehealth services. All Pinellas pregnant or postpartum (up to one year) women are eligible.

Contact: (727) 290-1351

By using a medical provider-based monitoring program:**Evava Health**

Provides monitoring equipment for vital signs such as blood pressure and blood glucose for their pregnant patients. Vitals are linked to a monitored portal.

Contact: (727) 824-8181

Optum Health

Provides wireless blood pressure cuff and tablet. Vitals are sent to a monitored portal and discussed with you and your doctor.

Contact: Talk to your OB provider. Referral must be made by your doctor.

By participating in a home visiting program: Healthy Families, Healthy Start, Nurse Family Partnership & PAT+

(These home visiting programs are only for expecting moms & those with children under 3 years old)

Several Pinellas home visiting programs have blood pressure cuffs available to you or can refer you to a source to provide one. Each provides education and assistance with monitoring. Call to learn more about home visiting benefits! Contact: Coordinated Intake and Referral, Healthy Start Coalition of Pinellas, Inc. (727) 507-4260

By contacting your pregnancy health insurance provider:

Many Medicaid managed care organizations, as well as private insurance carriers, will provide blood pressure cuffs and monitoring instruction to pregnant women. This can be done through your patient care representative or by using your Over the Counter benefits.

BREASTFEEDING RESOURCES

Did you know that Medicaid covers breast pumps. [Need a Breast Pump?](#)

BayCare Wellness and Safety: [Parent Resource Center](#)

Phone Number- 813-615-0589

Locations- Mease Countryside Hospital & Morton Plant Hospital

Bayfront Baby Place: [Orlando Health Bayfront Hospital Center for Women and Babies](#) | [Johns Hopkins Medicine](#)

Phone number for lactation help: 727-290-1310 ext.5

Johns Hopkins All Children's Hospital: [JHACH Lactation Services](#)

Phone Number- 727-767-8686

- NICU's B.E.S.T. Team provides education and lactation support
- Inpatient breast pump rental program

La Leche League: [La Leche League International](#)

Phone Number- 1-877-452-5324, Lactation help- 727-75 LECHE

National Breastfeeding Hotline: [National Women's Health and Breastfeeding Helpline](#)

Phone Number- 1-800-994-9662

Pinellas County Health Department: [Pinellas County Health Department](#)

Phone Number- 727-824-6997

- Free pump program for qualifying clients. Call to find out more!!!!

St. Petersburg General Hospital: [HCA Florida St. Petersburg Hospital](#)

Phone Number- 727-341-4907

Florida WIC: [Women, Infants, and Children \(WIC\)](#) | [Florida Department of Health](#)

Phone Number- 1-800-342-3556

WarmLine: [Breastfeeding Program / Lactancia](#) | [Florida Department of Health in Pinellas](#)

Phone Number- 727-824-6997 WIC Lactation support 7 days a week 9 am to 9 pm

Local Facebook Groups

Tampa Bay Breastfeeding

Tampa Bay Tongue Tie Support Group



CAR SEATS

Education classes and distribution

Register online for car seat classes. Learn how to properly install a carseat and the proper way to use your child's car seat.

North County

Bay Care Hospital: Call 813-615-0589 to register must have vehicle present, qualifications must WIC, Medicaid or SNAP

[BayCare Events](#) no cost [Car Seat Safety and Inspection](#) Phone Number- 800-229-2273

South County

Johns Hopkins All Children's Hospital: [Car Seat Safety Classes at Johns Hopkins All Children's Hospital](#)

Phone Number- 727-767-7835 or register online for convertible seats (for children birth to 4 years) cost is \$20 and booster seats (for children 4 years to approximately 8 to 10 years) cost \$10.



If you need a car seat checked, call your local fire department.

Palm Harbor Fire Rescue	727-784-0454
Sunstar EMS (Iargo & St. Pete)	727-582-2056
East Lake Fire	727-784-8668 Ext. 204
Lealman Fire Rescue	727-526-5650 Ext. 221
Treasures Island Fire Rescue	727-547-4590
Oldsmar Fire Rescue	813-749-1200

Note: If you need a fire alarm or carbon monoxide detector for your home, please call your local fire department for resources.

CHILDBIRTH & CPR CLASSES

American Red Cross: [American Red Cross](#)

Adult, Child and Infant CPR and First Aid
Phone Number- 1-800-733-2767

Bayfront Baby Place: [Maternity Care](#)

Phone Number- 727-290-1310

- BayCare free e-classes: [Maternity](#)
- Basic Labor and support
- Breastfeeding Education
- Baby Care & Safety

HCA Florida Healthcare: [HCA](#)

Phone Number- 727-341-4055
OB & Delivery tours available registration

Baycare Classes- English and Spanish: [BayCare Maternity](#)

Phone Number- 855-269-4777

- Understanding Birth, Understanding your Newborn, Maternity Center Orientation, Maternity and Motherhood Wellness Programs

A baby's brain at 35 weeks weighs only two-thirds of what it will weigh at 39 to 40 weeks.



35 weeks



39 to 40 weeks

CHILD CARE

Early Learning Coalition of Pinellas County, Inc: [Early Learning Coalition](#)

Phone Number- 727-400-4411 ext. 3 Fax 727-400-4486

ASQ screening call 727-400-4454

- [School Readiness Program](#) - These funds pay a portion of the child care costs for low to moderate income earning families and allows parents to focus on professional and educational goals.
- [Voluntary Prekindergarten—VPK](#) - Free for all 4-year-olds, no registration fees, parents choose where their child learns, focuses on reading, writing and social skills.

R Club: [R'Club](#)

Phone Number- 727-578-5437

Location- 4140 49th Street North, St. Petersburg

- Provides quality early learning and developmental programs that strengthen children, families, and communities. Serving children from infancy to middle grade ages, daily at 47+ locations in Pinellas County, including pre-school, pre-K, VPK, HIPPY, Elementary and Middle School and *special needs with programs such as Project Challenge, New Beginnings, and Child Care Outreach.*

Lutheran Services of Florida Head Start and Early Head Start: [Pinellas – LSF Head Start](#)

Phone Number- 727-547-5979

Location- 2210 Tall Pines Drive, Largo

- Provides quality early childhood education to children the first five years of life to prepare them for a healthy, happy, and successful future. Children may qualify depending on the family's income. Many locations are available all over Pinellas County.

Operation Par Developmental Centers

Locations- 1930 4th St S, St. Petersburg, 727-744-1387

13800 66th St, Largo, 727-538-7245 ext 5340

More Childcare Programs

Banyan Pediatric Care Center:

Phone Number- 855-765-7999

Location- 850 3rd Avenue South, Suite C, St Petersburg

Additional locations in New Port Richey and Sarasota

Beach Baby Pediatric Therapy, LLC: [Beach Baby Pediatric Therapy](#)

Phone Number- 727-871-2784

Children's Medical Services (CMS): [Welcome to Children's](#)

[Medical Services Health Plan \(Medicaid\)](#)

Phone Number- 866-799-5321

Early Steps Program at Johns Hopkins All Children's Hospital:

[West Central Early Steps at Johns Hopkins All Children's](#)

Phone Number- 727-767-4403 or (800) 374-4334

Location- 480 7th Ave. South, St. Petersburg

Gulf Coast Child Find (FDLRS): [FDLRS](#)

Phone Number- 727-793-2723 ext. 2105, 2368, 2367

Location- 2929 County Road 193, Clearwater

Neonatal Follow-Up Program at Johns Hopkins All Children's

Hospital: [Neonatal Follow-up Program at Johns Hopkins All Children's](#)

Phone Number- 727-898-7431 | Fax: 727-767-4391

Location- 501 6th Ave South, St. Petersburg

PARC Children's Services:[Parc Center for Disabilities](#)

Phone Number- 727-345-9111

Location- 3190 75th St. N. St. Petersburg 33710

Family Focus- 727-345-9111 ext. 6407 | Respite- 727-345-9111 ext. 6910 | On-Site Therapy- 727-541-5304

Pediatric Health Choice - Clearwater (PPEC): [Pediatric Health Choice](#)

Location- 3110 75th Street N. St Petersburg 33710

Phone Number- 727-343-0010

Location- 2364 Drew Street, Clearwater

Phone Number- 727-723-1100

Spark Pediatrics- Clearwater (PPEC): [Spark Pediatrics](#)

Phone Number- 727-900-5005

Location- 5291 110th Ave. Clearwater

COUNSELING/GRIEF SUPPORT

BayCare Behavioral Health: [Behavioral Health Services](#)

Phone Number- 866-762-1743

BayCare Bereavement Services: [Bereavement Services](#)

Phone Number- 727-462-7995

Caring Community Counseling: [Caring Community Counseling](#)

Phone Number- 727-367-2273

Location- 3840 5th Ave N, St Petersburg

Directions for Living: [Directions for Living](#)

Phone Number- 727-524-4464

Location- 1437 S Belcher Rd, Clearwater, FL

8823 115th Avenue North Largo

EMERGU TeleHealth: [EMERGU](#)

Phone Number- 800-988-5980

Pinellas Wellness Connection: [Pinellas Wellness Connection](#)

Phone Number- 727-791- 3131

Postpartum Support International: [Postpartum Support International](#)

Phone Number- 800-944-4773

Supporting Motherhood and More: [Supporting Motherhood and](#)

[More](#) Phone Number- 727-462-3200/727-315-7304

NAMI National Alliance on Mental Illness: [NAMI](#)

Help Line: 850-950-6264

Family Enrichment Services: [Family Enrichment Services](#)

Phone Number- 727-657-7761 Fax- 727-865-5178

Location- 3941 68th Ave. N. Pinellas Park

Family Resources: [Family Resources](#)

Locations- 1615 Union St. Clearwater #727-298-3900

3821 5th Ave. North St. Petersburg #727-552-1010

Safe2B-You empowering teens ages 15-18 #727-893-1693

Federal Substance Abuse & Mental Health Info Center: [SAMHSA](#)

Phone Number- 800-662-4357

Life Line | Suicide Help 24/7

Call or text: 988 or 741741

Windmoor Healthcare of Clearwater: [Windmoor Healthcare](#)

Phone Number- 727-541-2646

Suncoast Hospice at Empath Health: [Grief Support](#)

Pediatric Care and Family Support: Phone Number- 727-467-7423

Community Counseling for those experiencing death of a loved one:

Phone Number- 727-523-3451

Grief Matters providing support groups: Phone Number- 727-549-7133

Teen Parent Engagement Program: [Teenage Parent Program](#)

Phone Number- 813-541-9335

Location- 303 Pinellas St. Clearwater.

Suncoast Center: [Suncoast Center](#)

Phone Number- 727-388-1220 to schedule an appointment

Locations- 4024 Central Ave. St Petersburg

4010 Central Ave St. Petersburg

2188 58th St N Clearwater

2455 N. McMullen Booth Rd Clearwater

Chrysalis Health: [Chrysalis Health](#)

Phone Number-1-888-587-0335

National Maternal Mental Health Hotline: [NMMH](#)

Phone Number- 1-833-852-6262

EmpowHERment: [EmpowHERment](#)

Phone Number- (727) 290-9856

Location- 11300 US 19 North, Clearwater

The Children's Home Network: [Children's Home Network](#)

Phone Number- 727-785-2762 Ext. 224

USF St. Petersburg Infant Family Center: [Infant Family Mental Health | Family Study Center | USF St. Petersburg Campus](#)

Phone Number- 727-873-4876

Location- 7th Ave South Building #1 Suite 100 St. Petersburg

Perinatal Loss Doula Care by Silent Heart

Doula Names: Karen Jackson & Debi Lanning

Phone Number's: 727-641-8538 or 727-804-7142

- Support when experiencing the loss of a pregnancy through miscarriage, stillbirth, or a diagnosis that means the baby will not live long after delivery.

DENTAL SERVICES

Pinellas County Health Department

To make an appointment call #727-824-6900 and request Dental

Accepted insurances: DentaQuest, Liberty and MCNA.

Appointments made for all children including infants.

Pregnant women will need a clearance for their prenatal provider at time of appointment.

Services available at 5 locations:

Clearwater Health Department—310 N. Myrtle Ave. Clearwater 33755

Mid-County Health Department—8751 Ulmerton Rd. Largo 33771

Pinellas Park Health Department—6350 76th Ave. North Pinellas Park 33782

St. Petersburg Health Department—205 Dr. Martin Luther King Jr. St. N. St. Petersburg 33701

Tarpon Springs Health Department—301 S. Disston Ave. Tarpon Springs 34689

Evava Health

Call 727-824-8181 or visit <https://evavahealth.org/>

Accepting sliding scale fee for the uninsured, Medicaid. All ages including pregnant women.

Services available at these locations:

Johnnie Ruth Clarke Dental Offices

1344 22nd St. S, St. Petersburg

Mon-Thurs 7:00am-6:00pm

Fri 7:00am-4:30pm

Clearwater Dental Office

702 Jasmine Way, Clearwater

Mon - Thurs 7:00am-6:00pm

Friday 7:00am-4:30pm

Tarpon Springs Dental Office

721 E. Lime Street, Tarpon Springs

Mon- Friday 8:00 am- 5:00 pm

Community Dental Clinic: [Community Dental Clinic](#)

Phone Number- 727-216-6155

Location- 1008 Woodlawn Street, Clearwater

- For adults living in upper Pinellas without dental insurance. Limited appointments available currently.

Dental Walk-In Clinic of Pinellas: [Dental Walk-In Clinic](#)

Phone Number- 727-533-9199

Location- 1030 Belcher Rd. S., Largo

- Affordable treatments for toothaches, extractions, pain and swelling, root canals, teeth and mouth injuries, dental hygiene, weekend cleanings and more.

St. Petersburg College Dental Hygiene Clinic: [Dental Hygiene St. Petersburg College](#)

Phone Number- 727-341-3668

Location- 7200 66th St. N. Pinellas Park

- Children 5 and up

St. Petersburg Free Clinic: [St. Pete Free Clinic](#)

Phone Number- 727-485-8795 Ext. 319

Location- 5501 4th St. North St. Petersburg

- Free dental care for the uninsured adults. By appointment only.

DOMESTIC VIOLENCE

CASA Domestic Violence Center: [CASA StPete](#)

Crisis Line- 727-895-4912 24hrs/7 days a week

Hearing impaired survivors call 311 to connect to hotline.

- Free services for victims of domestic violence. English and Spanish language available. Safe, temporary shelter with kennel; community based housing.

Family Justice Center by CASA

1011 1st Avenue North, St. Petersburg, FL 33705

Multi-disciplinary center with on-site victim advocacy, civil legal attorneys, legal advocates, government victim assistance, prosecutors, law enforcement, child welfare services and day care, and representatives from community based organizations all in one place. Walk-ins and appointments accepted.

Shine the light: [Shine the Light](#)

Phone Number- 727-542-8056

Florida Domestic Violence Hotline: 24/7 Support [Domestic Violence](#)

Phone Number-1-800-500-1119

Florida Abuse Hotline:[Abuse Hotline](#) | [Florida DCF](#) 24/7 Support

Phone Number- 1-800-96-ABUSE (1-800-962-2873)

National Domestic Violence Hotline: 24/7 Support [N.D.V.H.](#)

Phone Number- 1-800-799-7233 Text Start to 88788



The Haven at Hope Villages of America: [HVA](#)

Hotline- 727-442-4128 24 hrs/ 7 days a week

Outreach- 727-441-2029 (Spanish speaker available)

- Free services for victims of violence. Safe, temporary housing, individual and group, information and referrals.

Rape Crisis Hotline: [National Sexual Assault Hotline: Confidential 24/7 Support](#) | [RAINN](#)

Phone Number-1-800-656-4673

Police Victim Advocate: [Victim Advocates](#)

St. Petersburg- 727-892-5280

Largo- 727-587-6770

Pinellas County Sheriff's office- 727-582-6259

Pinellas Park- 727-369-7848

DID YOU KNOW?

1 in 3 WOMEN
in 4 MEN
WILL EXPERIENCE DOMESTIC VIOLENCE

18-24
the age of women most commonly abused by an intimate partner

30-60%
of perpetrators also abuse children in the household

24 PEOPLE PER MINUTE
are victims of domestic violence

MEN WHO ARE VICTIMIZED ARE LESS LIKELY TO REPORT THEIR SITUATION TO POLICE THAN WOMEN

KEN BURKE, CPA
CLERK OF THE CIRCUIT COURT AND COMPTROLLER
PINELLAS COUNTY, FLORIDA

Get in Touch
(727) 464-7000
mypinellasclerk.org/DomesticViolence

Source: National Domestic Violence Hotline 800-799-7233 and domesticshelters.org

DOULAS

A Doula is a trained non-medical professional who provides continuous physical, emotional and informational support to their client before, during and shortly after childbirth to help them achieve the healthiest, most satisfying birth experience possible.

Healthy Start Doula Collective

- To get connected with a Healthy Start Doula or for more information about our no-cost doula services, please contact Healthy Start Pinellas @ 727-507-4260 [Doula Program – The Healthy Start Coalition of Pinellas, Inc.](#)



More Doula Services in Pinellas County

Doula Yogi

Doula's Name: Tami Mor

Phone Number: (217) 721-2562 (Text Preferred)

Email: tami@doulayogi.com

Website: www.doulayogi.com

Prenatal Yoga Classes & Preparation For Birth Courses
Led by Tami Mor, dual certified doula (including DONA) and certified Sivananda yoga teacher, specializing in prenatal yoga.

The Four Sisters Services LLC

Doula's Name: Karina Martinez

Phone Number: 727-777-0322

Email: KarinaDoulaservices@gmail.com

Services: Bilingual EN/ SP Birth Doula Services, Virtual Birth
Classes and Payment plans available

Blissful Interaction

Doula's Name: Stephany Climes

Phone Number: 727-598-2128

Website: [@blissfulinteractions_bySteph](https://www.blissfulinteractions_bySteph.com)

Email: blissfulinteractions@gmail.com

Services : Full Spectrum Doula, Young Parent support,
Childbirth & Breastfeeding Educator. Accepting Medicaid and
payment plans available.

Boobs and Bellies DBA Vaya Mami

Doula's Name: Bianca Rodriguez

Phone Number: 727-557-7870

Email: Bianca.vayamami@gmail.com

Services: birth and postpartum doula, placenta encapsulation,
breastfeeding counselor Accepting Humana and Simply.
Sliding scale available with payment plans.

<p>Breathing Through Life Doula & Birth Services Doula's name: Alyssa Bedard Phone Number: 727-424-0987 Email: Breathingthroughlifeservices@gmail.com Services: prenatal & birth education, full spectrum doula, lactation support, placenta encapsulation, prenatal yoga & virtual birth classes. Sliding scale available.</p>	<p>Buddha Belly Doulas Doula's name: Christie Collbran Phone Number: 727-489-4750—Bilingual EN/SP Email: hello@buddhabellybirth.com Services offered: Birth Doula Support, Postpartum Doula Support, Lactation Counseling, Childbirth & Baby Care Classes Fee scale: Pricing for doula services can be provided on request.</p>
<p>Melanie The Doula LLC Doula's Name: Melanie Phone Number: 863- 450-0671 Instagram: melaniethe_doula Services: Birth Doula, Postpartum Doula, Lactation Consultant, ChildBirth Education classes. Payment plans are offered.</p>	<p>Brave Doula LLC Doula's Name: Joanna J Guzman Phone Number: 862- 237-0038 Website: www.bravedoulaservices.com Email: joanna@bravedoulaservices.com Accepts HSA/FSA and payment plans</p>
<p>The Family Cradle Doula's name: Sarah Hodgkins Phone Number: 727-231-1371/599-8603 Email: exhale@familycradle.com Services offered: Postpartum Doula, Infant and Toddler Sleep Coach, Breastfeeding Educator, Infant Massage Educator. Sliding scale available.</p>	<p>Births and Beyond Doula's name: Brandie McGowan Email: bmmcgowan73@gmail.com Phone Number: 813-506-0256 Website: www.BirthsAndBeyond.com Payment Plans Available Certifications: Birth Doula, Postpartum Doula, Loss & Bereavement Doula, Childbirth Education, Lactation Education & Placenta Encapsulation. Also OR certified with Tampa General Hospital</p>
<p>Perinatal Loss Doula Care by Silent Heart Doula Names: Karen Jackson & Debi Lanning Phone Number's: 727-641-8538 or 727-804-7142 Services offered: support when experiencing the loss of a pregnancy through miscarriage, stillbirth, or a diagnosis that means the baby will not live long after delivery. Free voluntary service.</p>	<p>Project Teenbirth (for mothers ages 13-20 only) Doula's name: Melinda Morales Phone Number: 813-820-1660 Email: doula@projectteenbirth.org Medicaid accepted: Simply, Aetna, United Healthcare, Sunshine, Molina Services offered: Full Spectrum Doula support, Childbirth Education, Lactation Support, and Placenta Encapsulation Services No cost for our doula services.</p>

<p>Unconquered Mama</p> <p>Doula's name: Allison Smith</p> <p>Phone Number: 813-731-1926</p> <p>Email: allison@unconqueredmama.com</p> <p>Services offered: birth, breastfeeding, nutrition/fitness</p>	<p>3 Gems Birth Services</p> <p>Doula's name: Courtney West</p> <p>Phone Number: 727-259-3063</p> <p>Email: Courtneywest727@gmail.com</p> <p>Website: www.3gemsbirthservices.com</p> <p>Services: Full Spectrum Doula care, Prenatal Education, Placenta Encapsulation, meal prep services. Virtual doula support and education.</p> <p>Payment plans available.</p>
<p>Ventura Sisters Doula Services</p> <p>Doula's name: Vicky Catalan</p> <p>Phone Number: 813-7082313 call or text (hablo español)</p> <p>Medicaid accepted: Aetna , UHC, Molina ,Simply , Sunshine and Clear</p> <p>Services offered: Prenatal and Postpartum with labor support and breast feed- ing help (basic package is 2 prenatal visit ,Labor support ,1 postpartum)</p> <p>Sliding scale available based on the patient's financial need.</p>	<p>All Is Well Doula</p> <p>Doula's Name: Gwendy Gregory</p> <p>Website: www.alliswelldoula.com</p> <p>Email:alliswelldoula@gmail.com</p> <p>Phone Number: 786-368-1896</p> <p>Accept Medicaid & private clients</p> <p>Payment plans available</p>
<p>Queen of Cups Lactation and Birth LLC</p> <p>Doula's Name: Rebecca Pascarella</p> <p>Instagram: @queenofcupsdoula</p> <p>Facebook: QueenofCupsBirthandLactation</p> <p>Website: Www.queenofcupsbirthandlactation.com</p> <p>Email:Queenofcupsdoula@gmail.com</p> <p>Medicaid discount</p> <p>Certified full spectrum doula, certified postpartum doula, certified lactation counselor</p> <p>*Coming soon - CBE and birth assistant*</p>	<p>Aarica Mcclary</p> <p>Doula's Name: Aarica Mcclary</p> <p>Website: www.aaricamcclary.com</p> <p>Certified birth doula (Dona), CPR certified, and certified lactation counselor</p> <p>Sliding scale</p> 

EDUCATION

K-12, GED and College

Academy Prep Center of St. Petersburg: [APC of St. Petersburg](#)

Phone Number- 727-322-0800

Location- 2301 22nd Ave. S. St. Petersburg 33712

- A private, tuition-free middle school for students in grades 5–8 from low-income families. Offers an academic program with extended school hours and summer classes.

Enterprise High School: [Enterprise High School - Clearwater](#)

Location- 2495 Enterprise Rd. Clearwater 33763

Phone Number- 727-474-1237

- A public charter high school for students aged 16–21 who are behind in credits or need a flexible learning environment to earn their diploma.

Pinellas County School Board—K-12: [Pinellas County Schools](#)

Student Registration- 727-588-6210

ESOL Department- 727-588-6068

Teen Parent Program- 727-588-6000 ext. 6070

- The public school system serves all grade levels across Pinellas County.

Pinellas County Adult Education Centers/GED: [PCAEC](#)

Phone Number-727-588-6000

Location- Check website, Multiple locations around Pinellas County

- Offers GED preparation, adult basic education, and English language classes for adults at multiple locations across the county.

St. Petersburg College [spcollege.edu](#)

Phone Number-727-341-4772

Location- Multiple locations,check website

- A public college offering associate and bachelor's degrees, certificates, and workforce training. Campuses are located throughout Pinellas County.

Learning Empowered: [Learning Empowered](#)

Phone Number- 727-442-6881

Location- 12945 Seminole Blvd. Bldg. 2, Largo

- A nonprofit that provides early childhood education, family literacy, and support programs to empower families and children.

University of South Florida St. Petersburg: [South Florida](#)

Location- 140 7th Ave. South, St. Petersburg

- A branch of USF offering undergraduate and graduate degrees with a focus on research, innovation, and community engagement.

Pinellas Technical College: [Pinellas Technical College\(ct\)](#)

Location- 6100 154th Ave. N. Clearwater

Phone Number- 727-538-7167

Location- 901 34th St. South, St. Petersburg

Phone Number- 727-893-2500

- Offers hands-on career and technical training programs in fields like healthcare, trades, and technology for adults and high school students.

Union Academy Family Center: [Union Academy](#)

Location- 401 E. MLK Jr. Dr., Tarpon Springs

Phone Number- 727-934-5881

- A family resource center providing educational support, parenting programs, and community services in North Pinellas.

Ultimate Medical Academy: [Ultimate Medical Academy](#)

Phone Number- 727-977-9927

Location- 1255 Cleveland St. Clearwater

- A nonprofit career school offering online and campus-based programs in healthcare fields with job placement support.

Technical High School at Seminole: [Richard O. Jacobson](#)

Location- 12611-86th Ave. N, Seminole

Phone Number- 727-545-6405

- A public technical high school where students can earn a diploma while getting certified in career fields like nursing, construction, and design.

IMPORTANCE OF EDUCATION

WHAT IS EDUCATION?

Education is the systematic process of acquiring knowledge, skills, values, and attitudes. It extends beyond formal instruction, encompassing self-directed learning and experiences. Through education, individuals are equipped to contribute meaningfully to society and adapt to change. This lifelong journey shapes both personal and societal development.

ITS IMPORTANCE

- Empowers individuals to achieve personal and societal goals.
- Drives economic growth through skilled labor.
- Fosters critical thinking and informed decision-making.
- Cultivates moral values and cultural understanding.
- Encourages innovation and problem-solving abilities.

HELPFULPROFESSOR.COM

EMPLOYMENT

For Teens and Adults

Career Source Pinellas: [CareerSource Pinellas](#)

Phone Number- 727-524-4344

- Provides employment services including job search assistance, career counseling, training programs, and support for job seekers and employers.

Gulf-to-Bay (Main Office)

2312 Gulf-to-Bay Blvd.,

Clearwater 33765

Limited access call for an appointment.

Tarpon Springs (SPC Campus)

682 E. Klosterman Rd.,

Tarpon Springs 34689

Tuesday and Thursday
8am-5pm

St Petersburg

3420 8th Ave S.

St. Petersburg 33711

Limited access call for an appointment.

Lealman Exchange

5175 45th St. N.

St. Petersburg 33714

Limited access call for an appointment.

Boley Centers:[Boley Centers](#)

Phone Number- 727-821-4819

Location- 445 31st. Street N. St Petersburg

- Provides a youth employment program for individuals ages 15–21, helping young people gain job skills and find employment opportunities.

ServiceSource: [Service Source](#)

Location- 2735 Whitney Road, Clearwater

Phone Number- 727-538-7370

- Offers employment support and job placement services for individuals with disabilities, including training and workplace accommodations.

Vocational Rehabilitation Services: [Vocational Rehab](#)

Location- 11351 Ulmerton Rd, Suite 123, Largo

Phone Number - 727-518-3454

- Helps people with disabilities prepare for, obtain, and maintain employment through counseling, training, and job support services.

Salvation Army Employment: [The Salvation Army Careers](#)

Phone Number- 727-550-8080

- Connects individuals with job training and employment resources to support financial stability and independence.

Pinellas County Urban League: [PCUL](#)

Phone Number- 727-327-2081

Location- 333 31st St N St. Petersburg

- Offers job placement assistance, career readiness training, and youth programs.

FAMILY PLANNING COVERAGE

Don't forget about the "Family Planning Waiver"
If you have pregnancy Medicaid, you will have coverage for an entire year after delivery!
Space Babies Two Years Apart!

APPLY FOR THE FREE MEDICAID FAMILY PLANNING WAIVER PROGRAM

If you are a woman of childbearing age (14-55) who has lost full Medicaid coverage for any reason (not just pregnancy coverage), you may be eligible for two years of Family Planning Services including.

Go to www.floridahealth.gov for a location near you to apply for both years of coverage.

- Initial and annual family planning office visits which includes required lab tests and Pap Smear
- Family planning counseling visits
- Contraceptive supply visits
- Medicaid-covered, FDA-approved birth control methods
- Voluntary sterilization including tubal ligations
- Screening for HIV
- Limited diagnosis and treatment for sexually transmitted infections and other gynecological problems.

During your pregnancy, ask your prenatal care provider if he or she will provide the above services through this special program at their office. If your prenatal care provider does not offer these services after the six week postpartum visit, one of the following providers may provide you care:

Evra Health: Phone Number - 727-824-8181

Turley Family Health Center: Phone Number - 727-467-2400












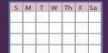

Palm Harbor at Ladies & Babies: Phone Number - 727-781-3448

St. Petersburg at Bayfront Family Health Center: Phone Number - 727-893-6198

Florida Health Department-

- Clearwater Location- 310 North Myrtle Avenue , Phone Number- 727-275-6572 (Spanish avail)
- Largo Location- 8751 Ulmerton Rd, Phone Number- 727-524-4410
- Pinellas Park Location- 6350 76th Avenue North, Phone Number- 727-547-7780
- St.Petersburg Location- 205 Dr. M.L.K. Jr. St. North, Phone Number- 727-824-6900
- Tarpon Springs Location- 301 South Disston Avenue, Phone Number- 727-942-5457

How Well Does Birth Control Work?

	 Sterilization	 Implant	 IUD	99% effective
	 Shot	 Pill	 Ring	92-97% effective depending on the method
	 Diaphragm	 Condoms (Internal/External)	 Sponge	78-82% effective depending on the method
	 Spermicide	 Fertility Awareness	 Withdrawal	71-76% effective depending on the method

FATHER/ MEN SERVICES

Fathers are very important! They make important contributions to their children's well being.

Gold Medal Dads Program: [Father Services Helping Men](#)

Phone Number- 727-275-6422

- Assists father in becoming actively involved in the lives of their children and prevention of the cycle of absent fathers

A Center for Wellness: [A Center For Wellness](#)

English: 727- 544-3352—Spanish: 727- 365-6417

- Classes addressing domestic violence and anger management. Group services for men and women. Spanish available..

5th Avenue Church of Christ: [5th Avenue Church of Christ](#)

Phone Number- 727-323-9259

- If transportation needed call 727- 323-3623

Operation PAR Men's Services: [Operation PAR](#)

Phone Number- 727-744-1387

- Assisting in your family's quality of life to be happy and healthy.

Vasectomy Program: [Vasectomy in Pinellas County Florida](#)

Phone Number- 727-462-6253

- Low or No-Cost Vasectomies

Planned Parenthood: [St. Petersburg Health Center of Saint Petersburg, FL](#)

Phone Number- 727- 898-8199

- Men's health services, vasectomies, STD testing.

All Nations SDA Church: [All Nations SDA Church](#)

Phone Number- 305- 494-5000

Northwest Church of Christ: [Northwest Church of Christ](#)

Phone Number- 727-345-2836

City on A Hill Church in St. Petersburg: [City on a Hill Church](#)

Phone Number- 727- 851-9999

- Men's Bible study

T.E.A.M.Dad: [Healthy Start Pinellas](#)

Phone Number- 727-824-6928

- Free and confidential Fatherhood Program for Fathers of any age with children up to 3 years old. Learn parenting and co-parenting skills, building strong families.

Men in the Making: [Men In The Making](#)

Email- mentor@meninthemaking.org

The Strengths of Father Presence

Children with involved fathers have a strong foundation for child well-being.

They are at lower risk for a host of poor childhood outcomes.

- ✓ Infant Mortality
- ✓ Low Birth Weight
- ✓ Emotional and Behavioral Problems
- ✓ Neglect and Abuse
- ✓ Injury
- ✓ Obesity
- ✓ Poor School Performance
- ✓ Teen Pregnancy
- ✓ Incarceration as Juveniles
- ✓ Alcohol and Substance Abuse
- ✓ Criminal Activity
- ✓ Suicide

National Fatherhood Initiative
www.fatherhood.org

Source: National Fatherhood Initiative® 2024.
Father Facts: Ninth Edition, Germantown, MD:
National Fatherhood Initiative®.

PO Box 37635, PMB 84123, Philadelphia, PA, 19101-0635 | 301-948-0599 | info@fatherhood.org
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FOOD ASSISTANCE

Please be advised that in most instances you may need to provide documents. Call before you head out.

For More Information please follow this link- [Find Food in Pinellas County – Tampa Bay Network To End Hunger](#)

Aldersgate United Methodist Church: [Aldersgate](#)

Location- 9530 Starkey Rd., Seminole

Phone Number- 727-392-9365

Christ the Cornerstone Church:[Christ the Cornerstone Church](#)

Location- 5545 62nd Ave. N. Pinellas Park

Phone Number- 727-547-6280

Church & Community Outreach Food Pantry: [Church & Community Outreach](#)

Location- 200 S. McMullen Booth Rd. Clearwater

Phone Number- 727-351-5176

Daystar Life Center: [Services – Daystar Life Center](#)

Phone Number- 727-825-0442

Location- 1055 28th Street South St. Petersburg

Dunedin Cares:[Dunedin Cares Food Pantry](#)

Location- 1630 Pinehurst Rd. Dunedin

Phone Number- 727-410-8495

Salvation Army: [The Salvation Army Clearwater](#)

St.Petersburg Location- 1400 4th Street South

Phone Number- 727-822-4954

Clearwater Location- 1521 Druid Rd E

Phone Number- 727-446-4177

Tarpon Springs Location- 209 S. Pinellas Ave

Phone Number- 727-934-4476

Good Samaritan Food Pantry: [FOOD PANTRY | goodsam-church](#)

Location- 817 5th Ave. N. Pinellas Park

Phone Number- 727-820-0775

St. Luke's United Methodist Church– [ST. LUKE'S UNITED METHODIST CHURCH](#)

Location- 4444 5th Avenue N., St. Petersburg

Phone Number- 727-321-1335

CountrySide Cares: [Countryside Cares](#)

Phone Number- 727-724-1290

Holy Family Church: [Holy Family Catholic Church](#)

Location- 200 78th Ave. NE St. Petersburg

Phone Number- 727-526-5783

360 Eats: [360 Eats](#)

Phone Number- 727-440-0401

Beach Community Food Pantry: Wednesdays 10:00 am-Noon

Phone Number- 727-282-4085

Location- 1615 1st St. Indian Rocks Beach

Beacon Street Ministries Inc: [Beacon Street Ministries](#)

Location- 3470 Adrian Ave. Largo

Phone Number- 727-446-1045

Clearwater SDA Community Church: [Clearwater SDA Church](#)

Location- 1445 Lakeview Road, Clearwater

Phone Number- 727-446-6427

Clearview United Methodist Church: [Clearview United Methodist](#)

Location- 4515 38th Avenue North, St. Petersburg

Phone Number- 727-522-4673

Elevated Church-Community Food Giveaway: [Elevated Church](#)

Location- 4371 76th Ave. N. Pinellas Park

Phone Number- 727-544-3293

Feed St. Pete: [Feed St Pete](#)

Location- 5501 31st St. S. St. Pete

Phone Number- 727-866-1184

Feeding Tampa Bay: [Find Food - Feeding Tampa Bay](#)

Phone Number- 813-254-1190

Florida Dream Center and Mobile Food Truck: [Mobile Food Bank](#)

Phone Number- 727-851-9074

St. Petersburg Location- 4017 56th Ave. N

Tarpon Springs Location- 812 E. Tarpon Ave

Food Pantries : [Food Assistance and Pantries](#)

- Multiple locations around Pinellas Park, look on website to find closest location to you

Hope Villages of America: [Hope Villages of America](#)

Location- 700 Druid Road E., Clearwater

Phone Number- 727-443-4031 press 1

Northwest Presbyterian Church: [Northwest Presbyterian Church](#)

Location- 6330 54th Ave. N. St. Petersburg

Phone Number- 727-544-4551

Sacred Heart-His Heart Society: [Sacred Heart Catholic Church](#)

Phone Number- 727-544-5445

St. Vincent DePaul Soup Kitchen: [Saint Vincent dePaul](#)

Location- 1345 Park St., Clearwater

Phone Number- 727-441-3790

WIC/Nutrition Assistance Program: [WIC & Nutrition](#)

Phone Number- 727-824-6913

Thrift Store & Food Bank-Wesley United Methodist: [Wesley UMC](#)

Location- 301 37th Avenue North, St. Petersburg

Phone Number- 727-896-4797

Northside Baptist Church: [Northside Baptist Church](#)

Location- 6000 38th Ave. North, St. Petersburg

Phone Number- 727-381-3642

Sixtieth St. Pantry: [60th Street Baptist Church](#)

Location- 9309 60th St. Pinellas Park

Phone Number- 727-541-2202

Shepherd's Center: [Tarpon Springs Shepherd Center](#)

Phone Number- 727-939-1400 press 5

Location- 304 S. Pinellas Ave. Tarpon Springs

Sylvan Abbey United Methodist Church: [Sylvan Abbey Church](#)

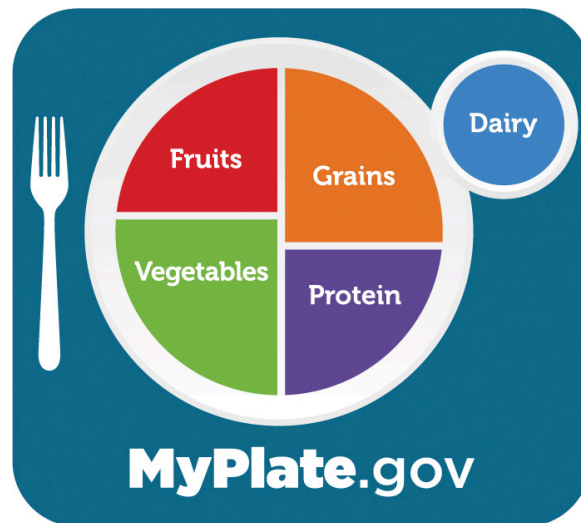
Location- 2817 Sunset Point Rd Clearwater

Phone Number- 727-796-3057

Suncoast Haven of Rest Rescue Mission: [Find Help](#)

Location- 1763 9th Ave N. St. Petersburg

Phone Number- 727-545-8282



HOUSING

Boley Centers: [Housing – Boley Centers](#)

Phone Number- 727-821-4819

Location- 445 31st. Street N. St Petersburg by appointment only.

- Provides supportive and affordable housing for individuals who are homeless, living with mental illness, low-income, veterans, or individuals with HIV/AIDS. Services are by appointment only.

Contemporary Housing Alternatives/Restricted of Florida (CHAF Properties): [CHAF Properties](#)

Phone Number- 727-522-1504, press 1 after hours call 727-497-5250

- Offers affordable rental housing for low- to moderate-income individuals and families throughout Pinellas County.

Clearwater Housing Authority: [Clearwater Housing Authority](#)

Location- Corporate Square 28050 US Hwy 19 N, Suite 103, Clearwater

Phone Number- 727-461-5777

- Provides public housing and Housing Choice Vouchers (Section 8) to low-income individuals and families in the Clearwater area.

Habitat for Humanity of Pinellas County: [Habitat for Humanity of Pinellas and West Pasco Counties](#)

Locations- 13355 49th Street North, Clearwater & 1350 22nd St. S. St. Petersburg

Phone Number- 727-536-4755

- Builds and sells affordable homes to qualified applicants with no profit and a 0% interest mortgage. Also offers financial education and support for new homeowners.

Home Share Program [Home Share Program](#)

Location- 500 South Walton Ave. Tarpon Springs

Phone Number- 727-945-1528

- Connects people seeking affordable housing with homeowners who have available space, supporting shared living arrangements for stability and companionship.

Neighborhood Home Solutions / One-Stop HUD approved housing counseling center: [Neighborhood Home Solutions](#)

Phone Number- 727-821-6897

- A HUD-approved housing counseling agency offering free services including credit repair, financial education, and help with foreclosure or mortgage delinquency for all income levels.

Pinellas County Housing Authority: [Pinellas County Housing](#)

Location- 11479 Ulmerton Road, Largo

Phone Number- 727-443-7684

- Administers affordable housing programs, including public housing and Housing Choice Vouchers. Applications must be submitted online.

Pinellas Park Housing: [Pinellas Park, FL Low Income Housing](#)

Email- LowIncomeSupport@gmail.com

- Connects individuals and families with low-income housing options in the Pinellas Park area. Inquiries can be made via email.

Safe Connections: [Safe Connections Homeless Youth Resource Center](#)

Phone Number- 727-558-5284 or 727-558-5285

- Outreach program providing services for homeless youth to help them find stable housing and access to services.

Service Source [Florida Homes for Independence - ServiceSource](#)

Phone Number- 727-281-2953

- Providing affordable, accessible and safe housing for people of low income and/or disabilities..

Shepherds Village: [Shepherd's Village](#)

Location- 1910 E. Bay Dr. Largo

Phone Number- 727-506-4160 or email: info@sheperdsvillage.com

- Housing for single mothers with up to 3 children.

St. Petersburg Housing Authority: [St.Pete Housing Authority](#)

Location- 2001 Gandy Blvd. North St. Petersburg

Phone Number- 727-323-3171 Public Housing 727-323-3171

- Rental assistance to low income families in low rent public housing developments and in the private sector through rental assistance programs. Rent is based on income and family size.

Suncoast Housing Connections[Suncoast Housing Connections – SHC](#)

Location- 2139 NE Coachman Rd, Suite 1, Clearwater

Phone Number- 727-442-7075

- Provides housing counseling, rental assistance resources, and support for first-time homebuyers across Pinellas County.

Tarpon Springs Housing Authority: [Tarpon Springs Housing Authority](#)

Location- 500 S. Walton Ave., Tarpon Springs

Phone Number- 727-937-4411

- Manages public housing and rental assistance for the Tarpon Springs area.
Due to high call volume, online contact is recommended.



HURRICANE PREPAREDNESS

Pinellas County—A Complete Hurricane Preparedness Guide

http://www.pinellascounty.org/emergency/PDF/All_Hazard_Guide.pdf

Hurricane Checklist

Survival Kit

- One week supply of food that requires no cooking such as ready to eat canned meats, fruits, vegetables, nuts, beef jerky, trail mix, raisins, peanut butter, granola bars, formula, baby food, powdered milk
- One gallon of water per person-7 day supply
- Non-electric can opener
- Disposable cups, plates and utensils
- Cooler and ice
- Pet food
- Cash

Sanitation/First Aid

- Toilet paper and/or moist towelettes
- Feminine supplies
- Personal hygiene items
- Medications and copies of prescriptions

Kids and Entertainment

- Favorite nonperishable snacks
- Stuffed animal or favorite toy
- Blanket and pacifier
- Diapers and wipes
- Card or board games

Tools and Emergency Supplies

- Flashlights and/or lanterns
- Battery operated radio
- Matches or lighter
- Full tank of gas in vehicle
- Compass and local maps with shelters-know your flood zone
- Cell phone with charger
- Extra batteries
- Plastic sheeting and tarps
- Elastic cords or rope

Clothing and bedding

- One complete change of clothing and shoes per person
- Sturdy shoes
- Rain gear
- Blankets and sleeping bag
- Sunglasses

Legal

- Important documents together in air tight bag or container:
 - social security cards
 - health insurance information
 - home or rental agreements and insurance coverage
 - contracts
- Take photos or video and inventory your property before the hurricane

Sign up for [Alert Pinellas](#) and download the [Ready Pinellas](#) App to get emergency notifications.



LEGAL SERVICES

Bay Area Legal Services: Bay Area Legal Services (English & Spanish) 1-800-625-2257-Pinellas, Pasco, Hillsborough, Sarasota & Manatee Counties <ul style="list-style-type: none"> • Providing pro-bono services for low income residents. 	Lutheran Services Florida - Immigration and Naturalization: LSF Family Focus Location- 3627 W Waters Ave Tampa Phone Number- 813-875-1408
Community Law Program: Community Law Program Phone Number- 727-582-7480 Location- 501 First Ave. N. Room 519, St. Petersburg <ul style="list-style-type: none"> • Provides free civil legal assistance in the area of family law, housing, consumer rights, criminal records expunction, wills and more for Pinellas County residents with a household income of 185% at or below federal poverty guidelines. 	Money Management International: Money Management Phone Number- 866-889-9347 <ul style="list-style-type: none"> • Budget, credit and bankruptcy assistance through pre-filing counseling and pre-discharge education.
Family Law Pro Se Project: Family Law Pro Se (Self-Help) First Judicial Circuit of Florida Locations in St. Petersburg & Clearwater Phone Number- 727-582-7200 <ul style="list-style-type: none"> • Resource center helping with guidance in child support, visitation, custody, paternity, name changes, etc. 	Pinellas County Child Support Enforcement: Sixth Judicial Circuit of Florida Phone Number- 1-850-488-kids (5437) Location- 11351 Ulmerton Road Suite 207, Largo
Gulf Coast Legal Services: Gulf Coast Legal Services Phone Number- 1-800-230-5920	DNA Testing: Pinellas Park FL DNA Testing Locations Phone Number- 1-800-DNA-CENTER (362-2368)
Human Trafficking hotline: Florida National Human Trafficking Hotline Phone Number- 1-888-373-7888 24/7 Live chat go to https://humantraffickinghotline.org/state/florida	Self Help Center: Representing Yourself in Court Locations- 545 1st Ave N. Room 103, St. Petersburg #727-582-7941 315 Court Street Room 114, Clearwater #727-464-5150 29582 US 19 Room 101, Clearwater #727-464-5150

MEDICAL SERVICES

Florida Department of Health in Pinellas

- Clearwater Location- 310 N. Myrtle Ave, Phone Number- 727-275-6572
- Largo Location- 8751 Ulmerton Rd, Phone Number- 727-275-6382
- Pinellas Park Location- 6350 76th Ave. N, Phone Number- 727-547-7780
- Tarpon Springs Location- 301 S. Disston Ave, Phone Number- 727-485-1806
- St. Petersburg Location- 205 Dr. Martin Luther King Jr. St. N, Phone Number- 727-824-4127

Bayside Health Clinic– Mobile medical unit for homeless: Human Services Phone Number- 727-453-7866	Bayfront Family Health Family Care Center: Primary Care Bayfront Health St. Petersburg Florida Location- 700 6th St. South, 3rd floor, St. Petersburg Phone Number- 727-893-6116
Clearwater Free Clinic: Clearwater Free Clinic Location- 1218 Court Street, Clearwater Phone Number- 727-447-3041 8: 30 am-6:00 pm Monday-Thursday	Clinical Care Medical Center: Clinical Care Medical Center Location- 6245 66th St. N. Pinellas Park Phone Number- 727-873-3891 Clínica Guadalupana: La Clínica Guadalupana Phone Number- 727-461-7730 by appointment only Location- 1020 Lakeview Rd. Suite 4, Clearwater

<p><u>Lions Sight Center:</u> Lions World Vision Institute Location- 330 5th St. N., St. Petersburg (2nd floor) Phone Number- 727-893-7152</p>	<p><u>Medication Assistance Program:</u> Medication Assistance Program Phone Number- 813-901-6350 Helps anyone obtain medication for less cost. 8:00-5:00 M-F</p>
<p><u>MedNet prescription assistance:</u> Suncoast Health Council <u>Department of Health:</u> Clearwater # 727-275-6579 Pinellas Park # 727-369-3913 St. Petersburg # 727-824-6936 Mid County # 727-275-6363 <u>Johnnie Ruth Clarke Health Center:</u> Evara Health Location- 1344 22nd St. S Phone Number- 727-824-8181 <u>St Pete Free Clinic:</u> St. Pete Free Clinic Location- 863 3rd Ave N. Phone Number- 727-327-0333 ext. 311 <u>Bayside Health Clinic</u> 14808 49th St N, Clearwater Phone Number- 727-453-7736</p>	<p><u>Neonatal Follow Up Program:</u> Neonatal Follow-Up Program at Johns Hopkins All Children's Hospital Location- 601 5th Street South, St. Petersburg Phone Number- 727-767-2818 <u>Preserve Vision Florida:</u> Preserve Vision Florida Location- 9200 Seminole Blvd. 2nd floor Seminole Phone Number-813-874-2020 x. 4024 <u>Turley Family Health Center:</u> Turley Family Health Center Location- 807 Myrtle Ave. N. Clearwater Phone Number- 727-467-2400</p>
<p><u>HCA Florida St. Petersburg Family Care:</u> HCA Florida St. Petersburg Family Care Location- 6450 38th Avenue North, Suite 400 St.Pete Phone Number- 727-545-4444 Telehealth available</p>	<p><u>Willa Carson Health Resource Center:</u> Willa Carson Health and Wellness Center Location- 1108 N. Martin Luther King Ave, Clearwater Phone Number- 727-467-9411</p>

NEIGHBORHOOD FAMILY CENTERS

Neighborhood Family Service and Resource Centers provide many services for families.

NORTH COUNTY

CAP/Union Academy:

Location- 401 E. MLK, Jr. Drive, Tarpon Springs

Phone Number- 727-934-5881

Mattie Williams:

Location- 1003 Dr. MLK St. N., Safety Harbor

Phone Number- 727-791-8255

Hispanic Outreach:

Location- 612 Franklin St., Clearwater

Phone Number- 727-445-9734

Dr. Martin Luther King/Greenwood:

Location- 900 N. Dr. MLK Jr. Ave, Clearwater

Phone Number- 727-442-5355

North Greenwood Resource Center:

Location- 1310 North M.L.K. Jr. Ave. Clearwater

Phone Number- 727-400-6805

SOUTH COUNTY

Sanderlin Center:

Location- 2335 22nd Ave. South, St. Petersburg

Phone Number- 727-321-9444

Campbell Park Resource Center:

Location- 701 16th St. S. Building 7 St. Petersburg

Phone Number- 727-280-6703

MID COUNTY

High Point:

Location- 5812 150th Ave. N, Clearwater

Phone Number- 727-533-0730

Family Center on Deafness:

Location- 12445 62nd St. Suite 303, Largo

Phone Number- 727-501-2323

GRAYDI:

Location- 12601 130th Ave. North Largo

Phone Number- 727-595-1684

Lealman/Asian Center:

Location- 4255 56th Ave. N., St. Petersburg

Phone Number- 727-528-7891



PARENTING CLASSES

Child Welfare full list of Court Approved Parenting classes: [parenting classes](#)

Directions for Living: [Directions for Living](#)

Phone Number- 727-524-4464

- Birth to 5 years old. Court approved. Free. In home and locations in Largo and Clearwater.

Family Resources: [Family Resources](#)

Phone Number- 727-521-5200

Location- 5180 62nd Ave. North Pinellas Park

- 13 week group program for children ages 6-11 and their parents learn to manage emotions. Free childcare for siblings.

Connected Coparenting: [Next Stepp](#)

Phone Number-727-896-9119 ext 9074

Location-1120 22nd St S St. Pete

- A five session program for expectant parents (3rd trimester) to families with toddlers up to age 3.

St Petersburg College: [Community Enrichment Classes](#)

Phone Number- 727-341-3000

- Separation and Divorce a Child's View Class– via Zoom.

St Pete General Hospital Classes for Moms, Dads and siblings (brothers and sisters): [HCA Florida Healthcare](#)

Location- 6500 38th Ave N, St Petersburg

Phone Number- 727-341-4055

- All classes are free of charge, but reservations are requested.
- Search the website under classes and events

HIPPY Program: [HIPPY Program | R'Club](#)

Phone Number- 727-570-8841

- Home Instruction for Parents of Preschool Youngsters. School readiness program for parents with children ages 3-5 to help. Parents are their child's first educator.

Operation Par Programs: [Operation Par Program](#)

Location- 13800 66th ST N Largo

Phone Number- 727-744-1387

- Court Approved, Nurturing Parenting & Nurturing Parenting Intensive: Focus on children ages 0-5.
- Nurturing Fathers parenting group. Orientation Mondays @ 4:00 pm, Wednesday @ Noon

Parenting Class for Family Stabilization: [Parent Education and Family Stabilization | Florida DCF](#)

Phone Number- 1-800-767-8193

- Court approval 1 day 4 hours course (\$45) For those going through a civil action with a child.

Turbo Babies: [Partner Toolkit - Turbo Babies](#)

Phone Number- 727-0453-5600

Email- turbobabies@jwbpinellas.org

- 4 skills to foster your babies early cognitive and socioemotional development are Tune In, Take Turns, talk & Repeat and Take Time

PEDIATRICIANS

Practice Name	Address	City/St/Zip	Phone (727)	Languages
John Hopkins All Children's Pediatrics	601 5 th St. S., #C504	St. Petersburg 33701	767-8917	
All 4 Kidz Pediatrics	1907 Tyrone Blvd. North	St. Petersburg 33710	317-2117	
All Star Pediatrics	5571 4 th St. N.	St. Petersburg 33703	525-7852	French, Greek, Spanish
Bardmoor Internal Med & Pediatrics	8787 Bryan Dairy Rd., #275	Largo 33777	394-5650	Spanish
BayCare Primary and Pediatric Care	3890 Tampa Rd. Suite 102	Palm Harbor 34684	781-3150	
Bay Pediatrics	1725 E. Bay Dr., #A	Largo 33771	584-9810	
Bayfront Family Health	700 6th Street S. 3rd floor	St. Petersburg 33701	893-6116	
Better Health Medical Center/Dr. Danuta, M.D.	28960 U.S. 19 N., #115	Clearwater 33761	771-8282	Spanish
Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	Spanish
Coastal Pediatric Care	8787 Bryan Dairy Rd. #350 5601 Dr. MLK Jr. St. N.	Largo 33777 St. Petersburg 33703	525-2161	Spanish
Complete Wellness Pediatrics	5033 Central Avenue	St. Petersburg 33710	334-8523	Spanish
Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	Spanish
Dunedin Pediatrics	424 Douglas Ave.	Dunedin 34698	734-7337	Spanish, French
East Lake Pediatrics	4156 Suite B Woodlands Pkwy. 200 Pine Ave N Suite A	Palm Harbor 34685 Oldsmar FL 34677	372-6760	
Evara Health	7550 43 rd St. N. 14100 58th St. N. 1721 Main Street 707 Druid Rd E 247 S. Huey Ave 701 16th St. S Bldg 7 Room 108 1344 22 nd St. S. 4950 34th St. N.	Pinellas Park 33781 Clearwater 33760 Dunedin 34698 Clearwater 33756 Tarpon Springs 34698 St. Petersburg 33705 St. Petersburg 33712 St. Petersburg 33714	824-8181	Polish, Spanish, Tagalog
Fifth Avenue Pediatrics	2855 5th Ave. N.	St. Petersburg 33710	323-2727	Spanish
Jeffrey Hirschfield, MD	6705 38 th Ave. N., #A	St. Petersburg 33710	381-4305	German, Spanish
Jeth V Salomon Pediatrics	6560 9 th Ave. N., #1	St. Petersburg 33710	381-5437	
Lorie McAuliffe, MD	405 Pasadena Ave. S.	St. Petersburg 33707	345-2212	Spanish
Myrtle Pediatrics	250 Pine Ave. N. Suite B 613 S. Myrtle Ave.	Oldsmar 34677 Clearwater 33756	447-6458	
North Pinellas Children's Medical Center	31860 U.S. 19 N	Palm Harbor 34684	787-6335	Indian
Pediatric Associates	1395 W Bay Dr 2370 Drew St. Suite B	Largo 33770 Clearwater 33765	584-6802 461-1543	
Partners in Pediatrics	401 Corbett St, #210	Clearwater 33756	446-1161	Spanish

Pediatric Health Care Alliance	6671 13th Ave. N., Suite 1D	St. Petersburg 33710	381-1147	Spanish
Pediatric Health Care Alliance	12951 Walsingham Rd.	Largo 33774	391-0158	
Pediatrics Rainbow	571 S. Duncan Ave.	Clearwater 33756	789-0777	Egyptian Arabic, Spanish, French, Moderate German, Italian
Peninsula Pediatrics	13163 66th Street North	Largo 33773	228-7000	
Pinellas Pediatrics	1105 S. Ft. Harrison	Clearwater 33756	461-3163	
St. Petersburg Family Care	6450 38th Ave. No., Suite 400	St. Petersburg 33710	545-4444	Spanish
St. Petersburg Pediatrics	3475 East Bay Drive 2137 16 th St. N. 7050 Seminole Blvd. 2701 54th Ave. S. 7500 Park Blvd. 4105 49th St. N. 12170 Seminole Blvd. 1012 4th St. S.	Largo 33771 St. Petersburg 33704 Seminole 33772 St. Petersburg 33712 Pinellas Park 33781 St. Petersburg 33709 Largo 33778 St. Petersburg 33701	535-9700 822-1896 392-8033 867-5788 544-5437 528-6900 586-5355 894-2231	Spanish, Vietnamese
Suncoast Pediatrics	1395 W. Bay Drive	Largo 33770	584-6802	Spanish
Sunshine Family Medical Center	3955 58th St. North	St. Petersburg 33709	347-2557	
Tarpon Springs Pediatrics	1007 E. Boyer Street	Tarpon Springs 34689	772-5982	Spanish
Turley Family Health Center	807 North Myrtle Ave.	Clearwater, 33755	467-2400	Spanish

Medicaid: Most Pediatricians accept Medicaid. When you call for an appointment, you must confirm that your health plan is accepted in their practice.

Language Key: All practices have English speaking staff in addition to other languages listed.

PREGNANCY SUPPORT CENTERS

A Woman's Place: A Woman's Place Medical Clinic

Location- 927 Klosterman Road, Tarpon Springs
Phone Number- 727-940-2626

Location- 8001 66th Street North, Pinellas Park, FL
Phone Number- 727-545-1234

Foundations of Life Pregnancy Center: Foundations of Life Pregnancy Center & Adoption Services

Location- 6247 Seminole Blvd Suite 400, Seminole, FL 33772
Phone Number- 727-550-4236

The Next S.T.E.P.P. Center (Services to Those Experiencing Pregnancy or Parenting): Next STEPP

Location- 1210 22nd Street South, St. Petersburg
Phone Number- 727-896-9119

- Free pregnancy tests with ultrasound confirmation, free STI testing and education (men & women), free well-woman exams (for those eligible) Courses, Seminars, support groups for pregnancy, Father services & support

Closed- Saturday, Sunday & Monday
Tuesday 2 pm- 8 pm
Weds & Thursday-10am-4pm
Friday 10am-2 pm

Upper Pinellas Support Services Pregnancy Center:

St. Ignatius of Antioch Roman Catholic Church

Location- 80 North Walton Avenue, Tarpon Springs
Phone Number- 727-937-4304

Bay Area Family & Pregnancy Center: Bay Area Pregnancy Center

1940 Drew Street, Clearwater, #727-449-1988

5812 150th Avenue North, Clearwater, #727-200-9165
(High Point Family Center)

4501 30th Ave North, St. Petersburg, #727-200-9166
(St. Petersburg Community Church)

Kimberly Home: The Kimberly Home

Location- 1189 NE Cleveland Street, Clearwater, FL
Phone Number- 727-443-0471
Hours: Mon,Tues,Wed,Fri- 9-4, Thursday 11-7

Bayfront Maternity: Bayfront Maternity

Phone number 727-290-1351

- Maternal Telehealth Program. This program is available at no cost to all qualifying pregnant and postpartum birthing women up to 1 year past delivery, with an eligible diagnosis and or social determinant of health.



3rd trimester?
Keep Counting!

Remember to count your baby's kicks daily starting at 28 weeks!

Download the FREE app today!
www.CountTheKicks.org

Kansas
Department of Health and Environment

KANSAS
MATERNAL & CHILD HEALTH

DOWNLOAD APP

PREGNANCY MEDICAID

Pregnancy Medicaid Application Guidelines– April 2025

All women must apply online by going to: <http://www.myflorida.com/accessflorida/>

If only applying for Pregnancy Medicaid (not SNAP/food stamps or TANF/cash assistance) the process should take under 10 minutes.

Complete the application by faxing the following items to: **1-866-940-7126**

- 1) Proof of identity (for example, driver's license) or proof of your U. S. citizenship (for example, birth certificate) or non-citizen status
- 2) Proof of last 4 weeks gross income for household members listed on your federal tax return. **Each faxed page must include your name, date of birth and DCF Case or Application Number. Note the following:**

Make sure your income **does not exceed the following limits:**

Household Size (Include Your Unborn Child)	Gross Monthly Income/Before Taxes (these figures include 5% standard disregard)
2	\$3,456
3	\$4,355
4	\$5,252
5	\$6,151
6	\$7,049

Child Support and SSI are not counted as income and proof of pregnancy is **not** required.

All Medicaid recipients must choose one of the following health plans: Humana, Simply, Florida Community Care or Sunshine. Once your Medicaid is approved, find a prenatal care provider that accepts your health plan. For more information, go to the following site: www.flmedicaidmanagedcare.com/

If you do not have access to a computer, you can call 1-877-711-3662 to talk to a choice counselor.

Note that a few may see you before your Medicaid is approved – they will bill Medicaid for services you receive.

Symptoms of HELLP syndrome



- Abdominal, chest or shoulder pain, especially in the right upper side
- Nausea, vomiting, or indigestion
- Headache that won't go away
- Pain when breathing deeply
- Bleeding
- Changes in vision
- Swelling, especially of the face or hands
- Shortness of breath, difficulty breathing, or gasping for air



www.preeclampsia.org/HELLP-syndrome

PRENATAL PROVIDERS

PRENATAL PROVIDERS ACCEPTING MEDICAID IN PINELLAS

Bayfront Family Health Center	700 - 6th St. S., 3rd Floor	(727) 893-6116	St. Petersburg	33701
Women's Care Florida /Absolute Health & Wellness	1600 Dr. MLK Jr.N.	(727) 323-3838	St. Petersburg	33704
Women's Care Florida /Absolute Health & Wellness	3055 5th Avenue North. #A	(727) 323-3838	St. Petersburg	33713
Women 's Care Florida/St. Petersburg Obstetrics & Gynecology	603 7th Street South, #300	(727) 954-7121	St. Petersburg	33701
Women 's Care Florida/St. Petersburg Obstetrics & Gynecology	3268 66th St. N.	(727) 954-7121	St. Petersburg	33710
Women's Care Florida/New Beginnings Obstetrics & Gynecology	625 6th Ave. So., Suite 350	(727) 456-0080	St. Petersburg	33701
Women's Care Florida/BayView OB/GYN	700 Central Ave	(727) 895-1300	St. Petersburg	33701
BayCare Medical Group Obstetrics and Gynecology (Clearwater)	303 Pinellas Street, #230	(727) 462-3401	Clearwater	33756
Turley Family Health Center	807 N. Myrtle Avenue	(727) 467-2550	Clearwater	33755
Gulfcoast Institute of OB/GYN	6700 Crosswinds Dr. N # 200A	(727) 344-4651	St. Petersburg	33710
Gulfcoast Institute of OB/GYN	8200 Bryan Dairy Rd, Suite 101	(727) 319-2303	Largo	33777
Women's Care Florida/Contemporary Women's Care	1301 2nd Ave. S.W., 6th Floor	(727) 462-2229	Largo	33770
Women's Care Florida/Contemporary Women's Care	34041 U.S. Hwy 19, Suite C	(727) 281-9649	Palm Harbor	34684
Mama Centered Midwife	1605 Main Street	(727) 228-2879	Dunedin	34698
All Femcare OB/GYN	28960 US 19 North Suite 109	(727) 785-7686	Clearwater	33761
Johns Hopkins All Children's OB-GYN Specialists	5959 Central Ave., Suite 103	(727) 767-6060	St. Petersburg	33710
Women's Care Florida/Williams, Goldman & Watson	1840 Mease Drive, Suite 110	(727) 376-7734	Safety Harbor	34695
Guiding Star Tampa Bay Birth & Wellness Center	1900 E Bay Drive	(727) 401-3456	Largo	33771
HOME BIRTH PROVIDERS				
Homebirth Midwife Clearwater. St Pete	Katrina Hollon	see website		
Mama Centered Midwife	Michelle Gallagher, LM, CPM	(727) 228-2879		
For More Information Contact Healthy Start Coalition of Pinellas County		(727)-507-4260		

SHELTERS/EMERGENCY HOUSING

The Kimberly Home: [The Kimberly Home](#)

Location- 1189 NE Cleveland St, Clearwater

Phone Number- 727-443-0471

- Offers transitional housing for pregnant women, classes, counseling and referrals

Family Resources—Safe place 2B: [Family Resources](#)

North County: 1615 Union Clearwater, #727-298-1607

South County: 3761 5th Ave. N. St. Petersburg, #727-893-1893

- Supporting homeless youth ages 10-17 from all backgrounds.

Night Shelter/Sacred Heart Catholic Church: [Sacred Heart](#)

Location- 7809 46th Way North Pinellas Park

Phone Number- 727-541-4447

- Provides temporary accommodations to the homeless people of all ages. Spanish speakers available.

Pinellas Safe Harbor: [Pinellas Safe Harbor](#)

Location- 14840 49th Street North, Clearwater

Phone Number- 727-464-8058

- A homeless shelter and jail diversion program designed to be a safe haven for the homeless. 24 Hours 7 Days per week. Pinellas County residents.. Spanish speakers available.

St. Petersburg Free Clinic/We help: [St. Pete Free Clinic](#)

Location- 863 3rd. Ave. N. St. Petersburg 33701

Phone Number- 727-821-3894 Women's Case Manager

Phone Number- 727-823-5780 Beacon House for Men

Pinellas Village

Phone Number-727-399-2500

Location-8384 Bayou Boardwalk, Largo

- Single parent affordable housing

CASA: [CASA Pinellas](#)

Phone Number- 727-895-4912

- For survivors of domestic violence. Emergency and temporary housing program. Spanish line available.

H.E.P. (Homeless Empowerment Program): [Homeless Empowerment](#)

Location- 1120 N. Betty Lane Clearwater

Phone Number- 727-442-9041

- Housing and support for individuals, families and veterans.

Pinellas Hope: [Emergency Shelter](#)

Location- 5726 126th Ave, N. Clearwater

Phone Number- 727-556-6397

- A 90-day shelter for homeless men and women clean and sober. Case managers and adult GED classes on site. Sponsored by Catholic Charities.

Salvation Army Emergency Shelter: [Emergency Shelter](#)

Locations- 310 14th Ave. S. St. Petersburg, #727-550-8080

521 E. Druid Rd. Clearwater, #727-446-4177

- Call for appt. Family dorm, female dorm and male dorm on premises. First 7 days free, thereafter \$10.00 a night to stay. For working families with minor children in their care and enrolled in some educational training.

Alpha House: [ALPHA HOUSE – of Pinellas County](#)

Location- 701 5th Ave. N., St. Petersburg, FL

Phone Number- 727-822-8190

- Homeless women ages 14-41 pregnant or with babies 9 months or younger. Six months clean and sober. School attendance or work required to maintain placement.

The Haven@ Hope Villages of America: [Hope Villages of America](#)

Hotline 727-442-4128 Certified Domestic Violence Shelter

Maximum length of stay 45 days

Services provided: Safety Planning, 911 cell phone distribution, legal assistance, support groups and case management.

SUBSTANCE USE/ SMOKING CESSATION TREATMENT

Operation PAR: [Operation PAR](#)

24 hour helpline 1-888-727-6398

Location- 6655 66th Street North Pinellas Park

Phone Number-727-454-7564

Detox: [Operation PAR - Clearwater, FL](#)

Phone Number- 727-538-7243

Location- 6150 150th Ave N, Clearwater

PAR Village for Women: [Operation PAR, Inc. - Par Village](#)

Location- 13800 66th St N, Largo

- Residential treatment and Outpatient Substance abuse

COSA Developmental Center: [\(COSA\) - Your First Step](#)

Location- 1930 4th St. South St. Petersburg

Phone Number- 727-744-1387

Motivating New Parents (PAR)

Home visitation and supportive services

Contact Sandy: 727-455-5603

Contact Matt: 727-902-0984

Fairwinds Residential Treatment: [Fairwinds Treatment Center](#)

1569 South Fort Harrison, Clearwater

Phone Number- 727-449-0300

- Hospital In Patient /Residential Short Term
Self-pay/private insurance/No Medicaid

WestCare Florida: [Florida - GulfCoast - WestCare Foundation](#)

Outpatient Phone Number-727-490-6767

Outpatient Location- 8800 49th St. North #402 Pinellas Park

Main Office Phone Number- 727-502-0188

Main Office Location- 1735 Dr. MLK Jr. St. S. St. Petersburg

- SERVICES: Ryan White, Re-entry, Drug Court, Prevention, Veterans Treatment Court. Clients under influence of substance. No insurance required/ homeless ok

Alcoholics Anonymous: [AA Pinellas](#)

24/7 Helpline 727-530-0415

Phone Number- 727-333-7118

Bay Area Narcotics Anonymous: [BASCNA](#)

Phone Number- 1-888-779-7117

Al-Anon Family Groups: [AL Anon Family Group](#)

Phone Number- 1-888-425-2666

Smoking Cessation: [Smoking Cessation](#)

Tobacco Free Florida- [Quit support groups](#) at 877-848-6696 or 813- 929-1000

CDC tips and resources: [CDC.GOV- Tobacco](#), [CDC.GOV- Smoking Guide](#), [Smokefree](#)

Suncoast Center: [Suncoast Center](#)

Main Location- 4024 Central Ave. St Petersburg

Phone Number- 727-388-1220

- Many programs are available focusing on mental health, substance use, family counseling, trauma assessment and counseling.

Windmoor HealthCare: [Windmoor Healthcare](#)

Location- 11300 US 19 N, Clearwater

Phone Number- 727-541-2646 24 hours a day

- Medicare, private and some Medicaid/HMO Ask for WIN team no insurance. In patient detox 18 yrs. and older
Outpatient /inpatient services for mental health.

Marijuana AND Pregnancy

If you use marijuana during pregnancy, you may be putting your health and your fetus's health at risk.

Possible Effects on Your Fetus	Possible Effects on You
Disruption of brain development before birth	Permanent lung injury from smoking marijuana
Smaller size at birth Higher risk of stillbirth	Dizziness, putting you at risk of falls
Higher chance of being born too early, especially when a woman uses both marijuana and cigarettes during pregnancy	Impaired judgment, putting you at risk of injury
Harm from secondhand marijuana smoke Behavioral problems in childhood and trouble paying attention in school	Lower levels of oxygen in the body, which can lead to breathing problems

DID YOU KNOW?

- Medical marijuana is not safer than recreational marijuana. Recreational and medical marijuana may be legal in some states, but both are illegal under federal law.
- There's no evidence that marijuana helps morning sickness (ask your obstetrician-gynecologist [ob-gyn] about safer treatments).
- You also should avoid marijuana before pregnancy and while breastfeeding.

Marijuana and pregnancy don't mix. If you're pregnant or thinking about getting pregnant, don't use marijuana.

TRANSPORTATION

Medicaid transportation

All Medicaid recipients in Pinellas and Pasco Counties will have to access Medicaid services, including transportation, through one of the Managed Care Organizations listed below.

Contact Medicaid/AHCA to find out more by calling their Choice Counselor Hotline at **(877) 711-3662** Managed Care Organizations (MCO) serving Pinellas County are:

Humana: [Resources for New Florida Medicaid Members - Humana](#)

Phone Number- 1-800-477-6931

Florida Community Care: [FCC](#)

Phone Number- 1-833-322-7526

Simply Healthcare: [Simply Medicaid Plan benefits](#)

Phone Number- 1-844-406-2396

Sunshine: [Sunshine Health](#)

Phone Number- 1-866-796-0530



Call the Medicaid provider 3-4 days in advance and you will be asked for your Medicaid number, trip purpose and details like address and time of appointment. They will send this information to one of their transportation brokers, who will schedule the trip with a local transportation provider. If there is a problem with the trip, file a complaint with AHCA via their phone number posted above.

Reduced-Cost PSTA Bus Passes: [Pinellas Suncoast Transit Authority](#)

Call 727-540-1900

The Pinellas Suncoast Transit Authority (PSTA) provides bus service throughout most of the county.

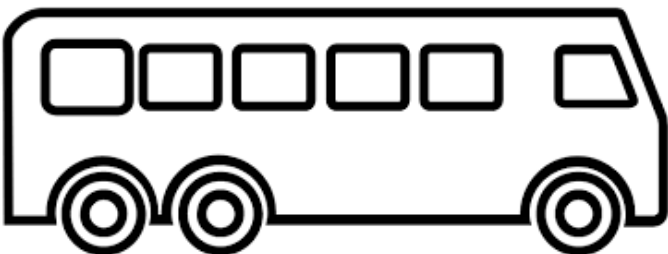
All buses are air-conditioned and wheelchair accessible. Children 8 and younger are FREE.

- Regular Cash Fare \$
- Reduced Cash Fare \$ adult student, youth 9-18, Seniors 65+
- Downtown Looper- Free
- Sun Runner- Fare
- Paying option- Flamingo Fare App or Card [Flamingo Fares](#)

Care Van

Call 727-461-8548

If you need transportation for a medical appointment at the Morton Plant campus or Turley Family Health Center, call CareVan. Provided by Morton Plant Mease volunteers. To ride you must be able to climb in and out of the van without assistance and live within Sunset Point Rd to SW 8th Ave, Largo.



UTILITY OR RENTAL ASSISTANCE

Each program has different eligibility guidelines and funding sources

Assurance Wireless Phone Program: [Assurance Wireless](#)

Phone Number- 1-888-321-5880

- Assurance Wireless Benefits - FREE Phone, unlimited text & 1000 FREE Voice Minutes Monthly. Eligibility varies by state, but you may qualify for Assurance Wireless.

CAP Center of Alliance and Progress: [CAP](#)

Phone Number- 727-934-5881 ext. 0

Location- 401 East MLK Jr. Dr. Tarpon Springs

- Helping with utility bill assistance for families involved in their family support program.

Catholic Charities: [Financial Assistance - Pinellas County](#) | [Providing help. Creating hope.](#)

Phone Number- 727-893-1313

- Provides support and guidance to stabilize poor individuals and families in crisis in danger of becoming homeless in need of emergency utility assistance.

Family Services Initiative (FSI) Connects: [FSI Connect](#)

Phone Number- 727-888-4357 or text 727-888-HELP

- Real time help for families. For those that can prove sustainability.

Florida LifeLine/Linkup Florida: [Lifeline Assistance Program](#)

Phone Number- 800-540-7039

- Discount phone services and phone bill assistance.

Good Samaritan Program: [Good Samaritan Project](#)

Phone Number- 727-644-4795

- Assists the residents of Dunedin, Largo, Seminole and Clearwater with partial costs of water and electric bills. By appointment only.

H.E.P. (Homeless Empowerment Program): [H.E.P.](#)

Location- 1120 N. Betty Lane Clearwater, FL 33756

Phone Number- 727-442-9041

- Rental assistance. Complete from online and email to pwhite@hepempowers.org

Pinellas County Low Income Home Energy and Water Bill Assistance Program /Urban League: [Housing & Community Development](#) | [PCUL](#)

Phone Number- 727-327-2081

Apply online. Email liheap@pcul.org

Pinellas Opportunity Council, Inc.: [Pinellas Opportunity Council](#)

St. Petersburg 727-821-0584 | Largo 727-202-6803 | Admin. 727-823-4101 ext. 110.

- Call for requirements and eligibility. Emergency assistance for energy bills, rent, mortgage, and budgeting classes etc.

Hope Villages of America: [Hope Villages of America](#)

Phone Number- 727-443-4031

Location- 700 Druid Rd. Clearwater FL

- Energy & Food assistance.

Safelink Wireless Phone Program:[Safelink Wireless](#)

Phone Number- 1-800-723-3546

- Safelink Wireless is a government supported program that provides a free cell phone and airtime minutes. Customers must call for guidelines.

Salvation Army Financial Assistance Social Services Office: [Find Help](#)
St. Petersburg –3800 9th Ave. N: 727-323-2222– Helping St. Petersburg and surrounding cities
1400 4th St. South: 727-822-4954 ext. 3

Clearwater- 1521 E Druid Road: 727-446-4177—Helping Clearwater, part of Largo, Dunedin and Safety Harbor

Tarpon Springs –209 S. Pinellas Ave: 727-934-4476– Helping people living in Tarpon Springs, Palm Harbor and Oldsmar

- Services provided one time every 12 months. Helping with utilities and rent. Some documents required, call for details

St. Nicholas Philoptochos Church: [Philoptochos](#)
Phone Number- 727-944-3366

- Assistance with electric, water and other financial needs for residents of Tarpon Springs, and Palm Harbor (also New Port Richey and Holiday. Funding is limited.

St. Vincent de Paul CARES: [SVDPC](#)
Phone Number- 727-823-2516

- Assisting with rental and utilities for those participating in their program. Closes at 6pm. South Pinellas

We Help/St. Petersburg Free Clinic: [St. Petersburg Free Clinic](#)
Location- 863 3rd Ave. N., St. Petersburg
Phone Number- 727-821-1200

- Eligibility determined by a needs assessment of individual and family. Requires ID, verification of income and expenses. Call for days & time. Assistance with ID, BC, transportation, water bill, baby items, medical supplies and more

VITAL DOCUMENTS

<p>Driver’s License & ID Cards</p> <p>Florida Highway Safety and Motor Vehicles</p> <p>Phone Number- 850-617-2000</p> <p>Clearwater: 29399 US Hwy 19 N. #100 Clearwater: 1663 Gulf to Bay Largo:13025 Starkey Rd. St Petersburg: 1800 66th St N. St Petersburg: 1067 62nd Ave. S.</p> <p>Driver licenses, ID cards, reinstatements, written and skills exams.Appointment required.</p>	<p>Social Security Card</p> <p>SSA</p> <p>Phone Numbers-1-800-772-1213 1-800-325-0778</p> <p>Locations- 2340 Drew St, Clearwater, FL 33765</p> <p>30 Dr. MLK St. S, St. Petersburg, FL 33701</p> <p>Apply for original SS card, replacement card, name changes on card, request benefit verification letter, Social Security benefit statement, replacement Medicare card, and more.</p>	<p>Birth Certificate/Death Certificate</p> <p>Vital Check</p> <p>Phone Number- 727-507-4330 x 7613</p> <p>Location- 8751 Ulmerton Rd. Suite 1700, Largo, FL 33771</p> <p>Birth/Death/Marriage/Divorce Certificates</p>
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Voters Registration

Phone Number- 727-464-8683

Offices in Clearwater, Largo, & St. Petersburg

You must be 18 to vote.



WIC



Nutrition program for pregnant, postpartum & breastfeeding women and infants & children up to five years old providing healthy foods including fresh fruits, vegetables & breastfeeding support at no cost.

For an appointment call 727-824-6913 or 727-824-6914

THE MONTHLY VALUE OF FRUIT AND VEGETABLES IS INCREASING!

St Petersburg 205 Dr. MLK Jr. St. N. 727-824-6900	Mid County 8751 Ulmerton Rd., Largo 727-524-4410 Drive through available.	Tarpon Springs 301 S. Disston Ave. 727-942-5457
Safety Harbor 1003 MLK St. N. Safety Harbor 727-791-8255	Pinellas Park 6350 76 th Ave North 727-547-7780	Clearwater 310 Myrtle Ave. 727-469-5800

If you have updates for the manual, you can email them to info@healthystartpinellas.org